

Sexual health and Blood Borne Virus (BBV)

Training brochure 2019 – 20

Delivering effective training and education to improve knowledge, skills and awareness of sexual health and BBVs

 Follow us on Twitter @PublicHealthAAA

 Find us on Facebook at www.facebook.com/nhsaaa

 Visit our website: www.nhsaaa.net

 All our publications are available in other formats



Introduction

Welcome to the 2019-2020 Sexual Health and Blood Borne Virus (BBV) training brochure.

Sexual Health and BBVs continue to be a high priority for the Scottish Government. The Sexual Health and BBV Framework update (2015) sets out the national agenda in relation to sexual health, HIV, hepatitis B and hepatitis c.

NHS Ayrshire & Arran are committed to the development, delivery and ongoing evaluation of training and education to improve knowledge, skills and awareness of sexual health and BBVs. Through education, training and continual professional development, we can work toward support sexual health and BBV prevention, diagnosis, treatment, care and support.

We offer a varied approach to our learning to ensure both departmental and individual learning needs are catered for.

All of our training links to the outcomes below as stated within the Sexual Health and BBV Outcomes Framework Update (2015- 2020)

1. Fewer newly acquired blood borne virus and sexually transmitted infection; fewer unintended pregnancies
2. A reduction in the health inequalities gap in sexual health and blood borne viruses
3. People affected by blood borne viruses lead longer, healthier lives with a good quality of life
4. Sexual relationships are free from coercion and harm
5. A society where the attitudes of individuals, the public, professionals, and the media in Scotland towards sexual health and blood borne viruses are positive, non-stigmatising and supportive

All of our courses are **Free of charge**. Training will be delivered, where, possible, on NHS premises.

How to book

Bookings can be made by emailing aa-uhb.shbbv@nhs.net with:

- Your name;
- Your job title;
- Your organisation;
- Contact email and telephone number
- Details of which course you'd like to attend

Or

You can book your place by telephone on 01292 885831.

Places for each courses are limited so early booking is advised.

Confirmation of booking will be sent by e-mail.

Please note that our education and training can be used as evidence towards Continuing Professional Development (CPD) as part of revalidation for a registering body. You will receive a certificate of completion.

Contents

Page 4	Sexual Health & BBV Training Calendar 2019 / 20
Page 5	Section 1: BBV Course Information
Page 6	Introduction HIV
Page 6	Introduction to Hepatitis B & Hepatitis C
Page 7	Testing Times
Page 7	BBV learnPro modules
Page 8	NHS Education for Scotland
Page 9	Section 2: Sexual Health Course Information
Page 10	Condom Conversations
Page 10	LGBT – Who am I?
Page 11	Sex, the law and the impact of technology
Page 11	Introduction to Sexual Health
Page 12	Introduction to Sexual Health & Learning Disabilities
Page 12	Sexuality, Learning Disability and Sexual Health
Page 13	Sexual Health learnPro modules
Page 14	Section 3: Training Available on Request
Page 15	C Card Facilitator Training
Page 15	Opening Doors
Page 16	SHARE (Sexual Health and Relationship Education)
Page 16	Traffic Light Toolkit

Sexual Health & Blood Borne Virus (BBV) Calendar 2019/20

Date	Course	Venue	Time
April 2019			
Wednesday 3 April	Sex, the law and Impact of technology	University Hospital, Ayr	9.30am -1pm
Friday 12 April	Introduction to HIV	University Hospital, Ayr	9.30am -1pm
Wednesday 24 April	Condom conversations	University Hospital Ayr	1.30 pm - 3.30pm
May 2019			
Friday 10 May	Testing times	University Hospital Crosshouse	9.30am – 1pm
Thursday 23 May	Introduction to sexual health and learning disabilities	Ayrshire Central Hospital	9.30am – 1pm
June 2019			
Wednesday 5 June	Introduction to Hepatitis B and Hepatitis C	University Hospital, Ayr	9.30am – 1pm
Monday 17 June	Introduction to sexual health	University Hospital, Crosshouse	9.30am – 1pm
August 2019			
Thursday 29 August	Condom conversations	University Hospital, Crosshouse	9.30am – 11.30am
September 2019			
Wednesday 11 September	Testing times	University Hospital, Ayr	9.30am – 1pm
Wednesday 25 September	LGBT – Who am I?	University Hospital, Ayr	9.30am – 1pm
October 2019			
Tuesday 22 October	Sexuality, learning disability and sexual health	University hospital, Crosshouse	9.30am – 5pm
Wednesday 23 October			
Monday 28 October			
November 2019			
Thursday 7 November	Introduction to HIV	University Hospital, Crosshouse	9.30am – 1pm
Wednesday 20 November	Introduction to sexual health	Training Centre, Ayrshire Central, Irvine	9.30am – 1pm
December 2019			
Thursday 5 December	Sex, the law and Impact of technology	University Hospital, Crosshouse	9.30am -1pm
January 2020			
Friday 17 January	Introduction to Hepatitis B and Hepatitis C	University Hospital, Crosshouse	9.30am – 1pm
Tuesday 28 January	Condom conversations	Training Centre, Ayrshire Central, Irvine	9.30am -11.30am
February 2020			
Thursday 6 February	Testing times	Training Centre, Ayrshire Central, Irvine	9.30am -1pm
Monday 24 February	LGBT – Who am I?	University Hospital, Crosshouse	9.30am -1pm
March 2020			
Friday 20 March	Introduction to sexual health	University Hospital, Ayr	9.30am -1pm

1

Blood Borne Virus

Course Information

Introduction to HIV

Aim:

This course aims to increase your knowledge and understanding of HIV by exploring topics such as routes of transmission, testing, treatment, prevention and the impact of HIV.

Who should attend:

This course is suitable for all NHS and non NHS staff that have interest in gaining a basic knowledge of issues pertaining to HIV. This course is recommended for those who may come into contact with people affected by BBVs but for whom it is not considered to be part of their day to day role.

Introduction to Hepatitis B and Hepatitis C

Aim:

This course aims to increase your knowledge and understanding of viral hepatitis by exploring topics such as routes of transmission, testing, treatment, prevention and the social impact.

Who should attend:

This level is suitable for NHS and non NHS staff that have an interest in gaining a basic knowledge of issues pertaining to BBVs. This course is recommended for those who may come into contact with people affected by BBVs but for whom it is not considered to be part of their day to day role.

Course length:
½ Day

Date(s):

Friday
12 April 2019
University Hospital,
Ayr
9.30am – 1pm

Thursday
7 November 2019
University Hospital,
Crosshouse
9.30am – 1pm

Course length:
½ Day

Date(s):

Wednesday 5 June
2019
University Hospital,
Ayr
9.30am -1pm

Friday 17 January
2020
University Hospital,
Crosshouse
9.30am –1pm

<p>Course length: ½ Day</p> <p>Date(s):</p> <p>Friday 10 May 2019 University Hospital, Ayr 9.30am – 1pm</p> <p>Wednesday 11 September 2019 University Hospital, Crosshouse 9.30am – 1pm</p> <p>Thursday 06 February 2020 Ayrshire Central Irvine 9.30am – 1pm</p>	<p>Testing Times</p> <p>Aim:</p> <p>This course aims to increase your knowledge and understanding of BBV including recommendations on case findings, how easy testing is; awareness raising and access to care</p> <p>Who should attend:</p> <p>This level is suitable for NHS and non NHS staff who may work with people who are likely to exhibit potential risk-taking behaviours or have complex lifestyle</p>
--	---

Blood Borne Virus learnPro Modules
<p>NHS staff can access learnPro e-modules using their assigned login details.</p> <p>The following BBV modules are available and are recommended for everyone regardless of designation within NHS Ayrshire & Arran.</p> <ul style="list-style-type: none"> • Introduction to Hepatitis B • Introduction to Hepatitis C • Introduction to HIV

NHS Education for Scotland

- NHS Education for Scotland host a variety of e-modules that provide education on the following topic areas;
- Hepatitis B & C Detection, Diagnosis & Management.
- Recognition of Diagnosis of HIV infection
- HIV Pre- Exposure Prophylaxis (HIV PrEP)
 - for registered practitioners
 - for the wider workforce

To access these courses, please visit

www.nes.scot.nhs.uk

2

Sexual Health

Course Information

Condom Conversations

Aim:

This course aims to increase awareness around condom use, explore barriers and increase confidence, skills and knowledge to support service users and clients.

Who should attend:

This level is suitable for NHS and non NHS staff who work with individuals and groups.

LGBT – Who am I?

Aim:

This course aims to increase awareness of LGBT issues and help promote good working practice.

Who should attend:

This course is suitable for anyone who has a role in delivering services or human resource management

Course length:
2 Hours

Date(s):

**Wednesday
24 April 2019
University Hospital,
Ayr
1.30am – 3.30pm**

**Thursday
29 August 2019
University Hospital,
Crosshouse
9.30 – 11.30am**

**Tuesday
28 January 2020
Ayrshire Central
Irvine
9.30am-11.30am**

Course length:
½ Day

Date(s):

**Wednesday
25 September 2019
University Hospital,
Ayr
9.30am – 1pm**

**Monday 24 February
2020
University Hospital,
Crosshouse
9.30am – 1pm**

Course length:
½ Day

Date(s):

Wednesday
3 April 2019
University Hospital,
Ayr
9.30am – 1pm

Thursday
5 December 2019
University Hospital,
Crosshouse
9.30 – 1pm

Course length:
½ Day

Date(s):

Monday
17 June 2019
University Hospital,
Crosshouse
9.30am – 1pm

Friday
20 March 2020
University Hospital,
Ayr
9.30am – 1pm

Sex, the law and impact of technology

Aim:

This course aims to explore the law in relation to sexual health and relationships and improve understanding of the impact of digital technology on sexual health.

Who should attend:

This course is suitable for all staff in all sectors.

Introduction to Sexual Health

Aim:

This course introduces participants to current sexual health issues and aims to increase knowledge and understanding of sexual health.

Who should attend:

This course is suitable for all staff, in any sector, where an understanding of sexual health is beneficial.

Introduction to Sexual Health & Learning Disabilities

Aim:

This course aims to increase awareness of the issues around sexual health and learning disabilities

Who should attend:

This level is suitable for anyone working with anyone with learning disabilities and / or additional support needs.

Sexuality, Learning Disability & Sexual Health

Aim:

This course aims to explain the current thinking on learning disability, sexual health, sexuality and the implications for the lives of individuals with a learning disability. The course aims to demonstrate awareness of the main barriers and issues in relation to abuse and encourages self-advocacy and empowerment for sexual health through a person-centred approach to practice and planning care. This Train the Trainers course will equip participants with the appropriate knowledge and resources to plan and deliver a programme of training for people with learning disabilities.

Who should attend:

This course is suitable for anyone who has a role in working with, or supporting, individuals or groups with a learning disability, have an interest in sexual health and wellbeing and who are looking to promote sexual health within their client group.

Course length:
½ Day

Date(s):

Thursday
23 May 2019
University Hospital,
Crosshouse
1.30pm – 3.30pm

Course length:
3 Days
(attendance at 3 days is mandatory)

Date(s):

Tuesday
22 October 2019

Wednesday
23 October 2019

Monday
28 October 2019

University Hospital,
Crosshouse
9.30am – 5pm

(each day)

Sexual Health learnPro Modules

NHS staff can access learnPro e-modules using their assigned login details.

The following Sexual Health modules are available and are recommended for everyone regardless of designation within NHS Ayrshire & Arran.

- Introduction to Contraception
- Sexually Transmitted Infections



3

**Other training
available on
request**

**Course
Information**

The following courses are available on request. Times and venues can be arranged to suit your needs.

To book, please contact the SHBBV Health Improvement Team by email:

aa-uhb.shbbv@nhs.net

or call 01292 885831

To book, please contact the SHBBV Health Improvement Team by email:

aa-uhb.shbbv@nhs.net

or call 01292 88583

C Card Facilitator Training

Aim:

C-Card is a service in Ayrshire and Arran offering access to free condoms or dental dams with minimum embarrassment or fuss. Condoms and dams offer protection against some sexually transmitted infections, for example Chlamydia, gonorrhoea and HIV.

This course aims to give participants the knowledge and skills to be a C-Card sign up facilitator or collection point and provide a service which is open, friendly, non-judgmental and confidential.

Opening Doors

Aim:

This course was developed as a result of a needs assessment carried out on behalf of NHS Ayrshire & Arran by Terrence Higgins Trust. It aims to provide an overview and raise awareness of issues for those involved in prostitution.

SHARE

(Sexual Health and Relationship Education)

Aim:

SHARE supports the Relationships, Sexual Health and Parenthood (RSHP) organiser of Curriculum for Excellence for those pupils in S2 – S4. It helps young people to explore attitudes and values around respectful relationships as well as improving lifelong skills.

This teaching resource aims to provide a resource pack and guidance on how to effectively use it by increasing knowledge and confidence on sexual health and wellbeing.

Teachers, support staff and youth workers and other staff working where education takes place would benefit from this teaching resource.

Traffic Light Toolkit

Aim:

Knowing how to identify and respond to sexual behaviours in children and young people helps adults to support the development of healthy sexuality and protect young people from harm and abuse.

This teaching resource aims to increase knowledge on the law and sexual behaviour, explore values relating to sexuality and allows the practice of skills in rating

To book, please contact the SHBBV Health Improvement Team by email:

aa-uhb.shbbv@nhs.net

or call 01292 885831

To book, please contact the SHBBV Health Improvement Team by email:

aa-uhb.shbbv@nhs.net

or call 01292 88583

If you, your team or department/area require any further information, or would like a course developed based on need, please do not hesitate to contact us.