



PRIMARY CARE
WOMEN'S HEALTH FORUM

PCWHF PATIENT INFORMATION LEAFLET

Advice following insertion or removal of your contraceptive implant

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Ensuring protection against pregnancy

You have had an implant fitted or replaced.

You can rely on it:

- Immediately
- After a further 7 days of your current method
- After 7 days during which you should use condoms or not have sex

You have had your implant removed and are changing to a different method.

Name of method

You can rely on it:

- Immediately
- After 7 days during which you should use condoms or not have sex

Looking after the wound

The area should be kept clean and dry for 3 days before removing any adhesive dressing and steri-strips. If a bandage has been applied this can be removed later that day or the following morning.

It is common to have some mild discomfort and bruising over your arm following implant insertion or removal.

Follow up

No regular follow up is needed, but you should contact your GP if:

- The wound and surrounding area become painful, red, hot or swollen as this could be a sign of infection
- You are unable to feel your implant
- You have any concerns about irregular bleeding or hormonal side effects
- You wish to have your implant removed (immediate return of fertility).