

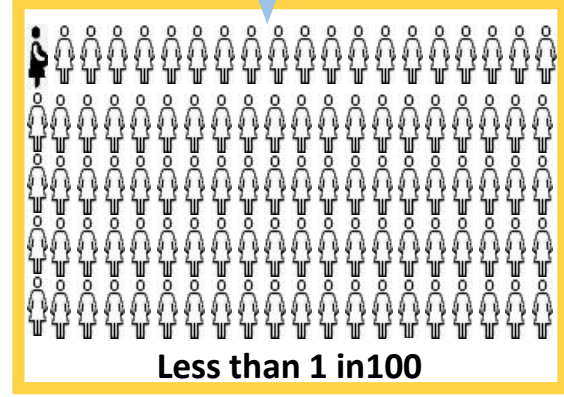


How well does contraception work?

What is your chance of getting pregnant?

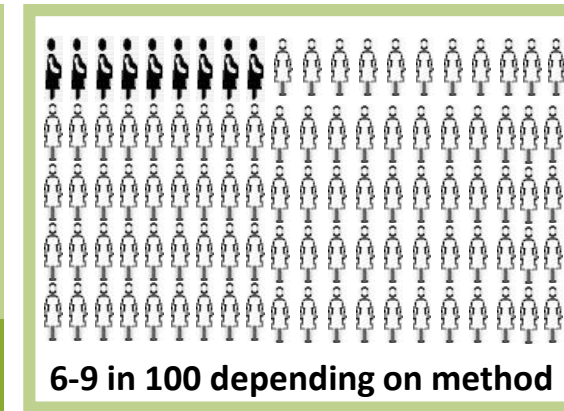
★★★★★ Really, really well

		 No Hormones	
Implant ("the rod")	IUS ("hormone coil")	Copper IUCD ("the coil")	Sterilisation for men and women
Works hassle free for..... up to 3 years	up to 6 years	up to 10 years	forever



★★★ Pretty well

				
Progestogen only pill	Combined pill	Contraceptive patch	Contraceptive ring	The injection ("the jag")
For best results use: every day	every day for 3 weeks, 1 week break	one a week for 3 weeks+ 1 week break	3weeks + 1 week break	every 13 weeks



★ OK

			 Needed for STI protection Use with any other method
Withdrawal	diaphragm	fertility awareness	condom
For best results you or your partner must use the method every single time you have sex			

