

Patient details

Intrauterine Device Insertion Record

Date:

Client assessment

- Reason for choice of method: Contraception Menorrhagia HRT
- Counselling about alternative methods and chooses Cu or LNG intrauterine device

Medical History

Parity: + Previous Caesarean Section Yes No

LMP: Day in cycle: Days post-pregnancy:

Pregnancy risk assessed: Yes Contraceptive cover: or N/A

Previous treatment to cervix Yes No

Menopausal or post-menopausal Yes No

History of endometrial ablation Yes No

Current medication:

Allergies:.....

History of cardiac disease – discuss with cardiologist first, might require hospital insertion

BP: / mmHg Pulse.....

Contraindications

	Yes	No
UKMEC 4:		UKMEC 3:
Post abortion sepsis/current PID or STI		Postpartum 48h to <4 weeks
Unexplained vaginal bleeding		Organ transplant graft failure
Gestational trophoblastic disease		Known long QT syndrome
Cervical cancer		Fibroids distorting the cavity
Endometrial cancer		Severe liver cirrhosis (LNG)
Current Breast Cancer (LNG)		Hepatocellular adenoma/carcinoma(LNG)
		Past Breast Cancer (LNG)

Counselling checklist

Analgesia pre/post procedure	
Assess STI risk	Cu-IUD:
Mode of action (pre-fertilisation effects)	Bleeding pattern change
Benefits (long-acting, rapidly reversible)	Reduced risk endometrial/cervical cancer
Very effective: 1:250 women /year	
Insertion / Removal procedure	LNG-IUD:
Perforation risk of 2:1000 (6x higher if breast feeding)	Low dose progestogen – different strengths available
Infection / PID risk	Benefits (may reduce period pain)
Ectopic pregnancy risk	Side effects / Risks (small ↑risk BRCA)
Expulsion risk 1:20	Bleeding pattern change
Thread check / self-check	Use for HRT 5 years only
Information leaflet / link	
Cytology up to date?	

Reference:

1. FSRH Clinical Guideline: Intrauterine contraception (March 2023, Amended July 2023)
[FSRH Clinical Guideline: Intrauterine contraception \(March 2023, Amended July 2023\) - Faculty of Sexual and Reproductive Healthcare](#)
2. UK Medical Eligibility Criteria for Contraceptive Use (UKMEC)
[UK Medical Eligibility Criteria for Contraceptive Use \(UKMEC\) - Faculty of Sexual and Reproductive Healthcare \(fsrh.org\)](#)