

Free Sexual Health and Blood Borne Virus Training



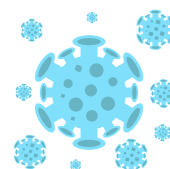
Are you looking for some

FREE training opportunities in Ayrshire & Arran?

The Sexual Health and BBV team, in partnership with Terrence Higgins Trust Scotland are offering a range of Sexual Health, Blood Borne Virus (BBV) and Lesbian, Gay, Bisexual and Trans (LGBT) awareness courses in 2024.

BBV level 2, HIV, Hepatitis B and Hepatitis C

This course aims to increase your working knowledge and understanding of HIV and viral hepatitis by exploring topics such as routes of transmission, testing, treatment, prevention and the social impact.



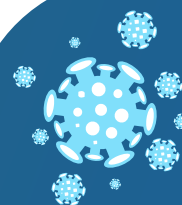
All you need to know about sex and your sexual health

This course will introduce participants to current sexual health issues and aims to increase a person's knowledge and understanding of STIs, safer sexual practices and local support services.

Sexuality, Learning Disability and Sexual Health

This course aims to explain the current thinking on learning disability, sexual health and sexuality and its implication for the lives of individuals with a learning disability.

Courses are available on request (a minimum of six participants are required). Course details can be found in the SHBBV training brochure. If you have any issues booking, please [email aa-uhb.shbbv@aapct.scot.nhs.uk](mailto:aa-uhb.shbbv@aapct.scot.nhs.uk)



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Introduction to HIV

To commemorate World AIDS day on the 1st December this session will take participants through the journey of HIV/AIDS past and present. The course will aim to increase awareness of HIV and the new effective treatments that have helped those diagnosed with the virus live long and healthy lives.

Trans Awareness

This session will focus on how sex, gender identity and sexual orientation differ and provide the participants with an opportunity to explore their own use of appropriate and respectful language. It will also help attendees engage more effectively with transgender people and better understand many of the challenges they can face.



LGBT Awareness

This course aims to increase awareness of LGBTQ issues and explore examples of good practice. It will provide an opportunity to explore attendees own attitudes and values as well as building their interpersonal skills and confidence to better support people with diverse gender identities and sexual orientations.

Sex, the law and the impact of technology

This workshop aims to explore the law in relation to sexual health and relationships while improving attendees understanding on how digital technology can negatively impact on a persons health and well-being.

