

When using a Hormonal Intrauterine Device as part of HRT

1. Ensure correct type of IUD: only

Levonorgestrel 52mcg can be used for endometrial protection as part of HRT



FRSH supports the use of any 52mcg LNG-IUD for **5 years** for endometrial protection as part of HRT

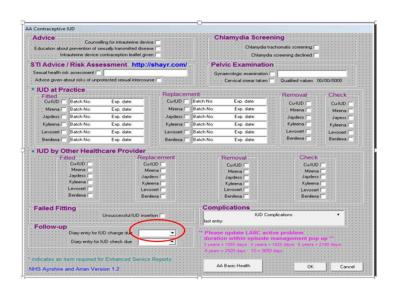


2. Ensure correct insertion date coded in

records – check letters, ask patient to bring in card

3. Ensure robust recall

systems in place – change recall to 5 years when using for HRT Utilize existing templates AA Contraceptive IUD



4. Utilize existing template AA HRT for reviews

How are you getting on with your HRT? ▼ Great, really helping	HRT bleed pattern - normal [
How do you feel your symptoms are controlled? □ Well controlled	HRT bleed pattern - abnormal [**
Have you noticed any side effects? [e.g. basel tenderness, nausea, headaches] 🗸 None	HRT bleed pattern - no bleeding 🔽
UNG-UCD in date? Vaginal december Vaginal decemb	Hydrectony Last ently: Not found
Patient concordant with medication [27]	Medical history checked (▽
Needs assistance with medication concordance	Family history taken 🗸
All over the counter medication checked 🖾	
Sexually Active • AA Basic Health	Patient breast aware [
Cervical Smear • Cervical Smear • Cervical smear • human papillomavinus negative, 17/1	Mannogram Last entry. Not found
Menopause followup assessment [**	HRT changed [*
Discussion about risks and benefits of treatment	HRT stopped [□
	Distry entry for HRT review 08/03/2025 💌

Evorel Transdermal patches 50 micrograms/24 hrs

24 PATCH - ONE PATCH TO BE APPLIED TWICE WEEKLY

PHARMACY TEXT: LNG-IUD 52mcg for endometrial protection due to be changed XX/XX/XXXX

5. Use <u>pharmacy text</u> on

the Oestrogen HRT prescription to highlight when IUD needs changed

6. Plan ahead

- Set review >12 weeks before IUD expires
- add in alternative progestogen if IUD nearing expiry date
- refer/organize IUD change



Discuss Options













7. Regular Audit

(SPSP) Patient Safety Enhanced Service' includes an EMIS search for unopposed oestrogen

Useful Resources

FRSH Guideline Intrauterine Contraception

BMS Management of Unscheduled Bleeding on HRT