



# When using a Hormonal Intrauterine Device as part of HRT

**1. Ensure correct type of IUD:** only Levonorgestrel 52mcg can be used for endometrial protection as part of HRT



FSRH supports the use of any 52mcg LNG-IUD for 5 years for endometrial protection as part of HRT



**2. Ensure correct insertion date coded** in records – check letters, ask patient to bring in card

**3. Ensure robust recall systems in place** – change recall to 5 years when using for HRT

Utilize existing templates AA Contraceptive IUD

**4. Utilize existing template AA HRT for reviews**

**Evorel Transdermal patches 50 micrograms/24 hrs**  
24 PATCH - ONE PATCH TO BE APPLIED TWICE WEEKLY  
PHARMACY TEXT: LNG-IUD 52mcg for endometrial protection due to be changed XX/XX/XXXX

**5.** Use pharmacy text on the Oestrogen HRT prescription to highlight when IUD needs changed

## **6.** Plan ahead

- Set review >12 weeks before IUD expires
- add in alternative progestogen if IUD nearing expiry date
- refer/organize IUD change



Discuss Options



## **7.** Regular Audit

(SPSP) Patient Safety Enhanced Service' includes an EMIS search for unopposed oestrogen

### Useful Resources

[FRSH Guideline Intrauterine Contraception](#)

[BMS Management of Unscheduled Bleeding on HRT](#)