

Example text for Contraceptive Counselling EMIS shortcuts (updated December 2023):

CHC Counselling: efficacy, how it works, benefits, side effects, how to take (extended pill information), missed pills, emergency contraception, safe sex + STI screen, reduced risk ovarian and endometrial cancer, increased risk of breast cancer / VTE / CVD, legal aspects (under 16s), when to start, (patch application, ring insertion / removal)

POP counselling: efficacy, how it works, benefits, side effects, associated small increased risk of breast cancer, bleeding patterns, how to take, missed pills, emergency contraception, safe sex + STI screen, when to start

Injectables counselling: efficacy, how it works, benefits, side effects, bleeding patterns, associated risks: bone density / breast cancer, lipodystrophy (Sayana Press), delayed fertility, emergency contraception, safe sex + STI screening

Subdermal implant counselling: efficacy, how it works, benefits, side effects, associated small increased risk of breast cancer, bleeding patterns, possible drug interactions, insertion / removal / change procedure, bruising / complications, deep implant, awareness of emergency contraception, safe sex + STI screening

Cu-IUD counselling: how it works, different types of IUD / show coils, efficacy, menorrhagia, insertion / removal, infection, expulsion, perforation, coil checks, ectopic, PID, safe sex + STI screen, analgesia pre- / post-procedure

LNG-IUD counselling: how it works, different types of IUS / show coils, efficacy, bleeding patterns, progestogenic effects, associated small increased risk of breast cancer, insertion / removal, infection, expulsion, perforation, coil checks, ectopic, PID, safe sex + STI screen, analgesia pre- / post-procedure